

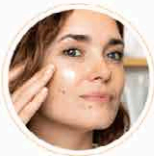
Teresa Smith Skin DNA Report

Hello Teresa,

My name is **Annabell**, and I created your optimized skincare routine and plan. I focused on your high and medium priorities based on your DNA test. I also considered your Yudoyu quiz results which told us about your skin type and feelings about your skin. Your personalized routine includes products packed with ingredients that, with consistent use, will improve current skin quality and *protect your future face*. Please [add lifestyle and dietary changes](#) (outlined below) for an added boost toward **happier, healthier skin!**

Warmly,
Liz and The Yudoyu Team

We are here to help if you have any questions! Email us at hello@yudoyu.com.



YOUR LIFE STYLE QUIZ RESULTS TOLD US THAT YOUR SKIN IS:

Combination + Sensitive Pores + Over 50

DNA ANALYSIS EXPLANATIONS

► GENETIC ANALYSIS

► SCORING THRESHOLDS

► GLOBAL AVERAGES

Your **Skin DNA** Risk Scores



Collagen Breakdown

YOU - HIGHER RISK 35%

GLOBAL AVERAGE 68%

► What does this mean?



Wrinkling (Glucose Related)

YOU - LOWER RISK

100%

GLOBAL AVERAGE 39%

► What does this mean?



Pigmentation + UV Damage

YOU - MEDIUM RISK

65%

GLOBAL AVERAGE 72%

► What does this mean?



Free Radical Damage

YOU - HIGHER RISK

50%

GLOBAL AVERAGE 62%

► What does this mean?



Skin Sensitivity

YOU - MEDIUM RISK

65%

GLOBAL AVERAGE 65%

► What does this mean?

YOUR Personalized Routine

...based on your results.

Want to start smaller? Try your cleanser, toner, and moisturizer first, then add more later.

SIMPURE Rejuvenating Cream Cleanser†

\$30.00



5.1 fl oz

BEST FOR: PORES | NORMAL | OILY | DRY | COMBINATION

SAFE FOR: ACNE | SENSITIVE SKIN

Start your REJUVENATING regimen with this creamy cleanser that hydrates and turns back the hands of time. Tones and tightens skin with vegan OptiMSM and DMAE for visible results.

► **WHY WAS THIS CHOSEN FOR ME?**



[ADD TO CART](#)

BLÜH ALCHEMY Toning Elixir

\$54.00



BEST FOR: ACNE-PRONE | PORES | NORMAL | OILY | DRY | COMBINATION

SAFE FOR: ACNE | SENSITIVE SKIN

Revive skin with our toning elixir, packed with cell-nourishing bioactives and antioxidants. MSM, Niacinamide (B3), Snowflower, and Finger Lime Caviar tighten pores and reduce hyperpigmentation. Hibiscus and hyaluronic acid plump, firm and diminish fine lines, leaving skin deeply hydrated & luminous.

► **WHY WAS THIS CHOSEN FOR ME?**



[ADD TO CART](#)

GLOWBIOTICS Probiotic Firming + Replenishing Lotion

\$110.00



1.7 fl oz

BEST FOR: NORMAL | DRY | COMBINATION

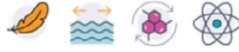
SAFE FOR: SENSITIVE SKIN

Searching for an ultra-lightweight formula for aging skin? Look no further than this luxurious, yet feather-light, moisturizing lotion, enriched with a potent blend of probiotics, intelligent peptides, and essential fatty acids for deeply hydrated and visibly firm skin. This powerful and replenishing lotion will help soothe dryness and reduce the appearance of wrinkles, giving you a feeling of rejuvenation every day!



[THE SPEAK COLLECTIVE Prickly Pear Seed Facial Oil](#)

\$45.00



.5 fl oz

BEST FOR: OILY | DRY | COMBINATION

SAFE FOR: ACNE | SENSITIVE SKIN

A potent, nutrient-rich oil, Prickly Pear Seed Facial Oil helps restore skin to a natural, youthful-looking state. Its lightweight formula absorbs quickly, leaving the skin feeling hydrated without clogging pores. Plus, with its ability to rebalance natural oil production and regenerate skin cells, you can enjoy radiant skin with a healthy glow. Prickly Pear Seed Oil also helps reduce the appearance of fine lines and wrinkles, as well as dark circles around eyes.



[ADD TO CART](#)

► [WHY WAS THIS CHOSEN FOR ME?](#)

[GLOWBIOTICS Soothing + Revitalizing Eye Cream](#)

\$79.00



.5 fl oz

BEST FOR: NORMAL | OILY | DRY | COMBINATION

SAFE FOR: ACNE

Fortify the delicate eye area with a luxuriously lightweight formula designed to bring immediate cooling and comforting relief. Our dark circle under eye cream will give your complexion a daily boost and help revive your skin. With potent anti-aging benefits, our eye cream reduces the appearance of dark circles, skin redness, and puffiness, boosting skin's firmness and restoring a youthful look.



[ADD TO CART](#)

► [WHY WAS THIS CHOSEN FOR ME?](#)

[AAVRANI Healing Rose Clay Mask](#)

\$39.00



BEST FOR: PORES | NORMAL | OILY | COMBINATION

SAFE FOR: ACNE | SENSITIVE SKIN

This intensely healing face mask draws out environmental pollutants and toxins, repairs damaged skin, and increases skin suppleness. Sourced from Bulgaria, this rose oil alleviates discomfort and is demonstrated to reduce rosacea. Each jar is packed with 6,000 petals from distilling roses!



[ADD TO CART](#)

► [WHY WAS THIS CHOSEN FOR ME?](#)

Healthier, Happier Skin is Achievable

Here is your personalized skincare plan based on your results!

YOUR BEST LIFESTYLE PLAN

Add these easy-to-do lifestyle habits to your daily routine.

▼ Healthier Skin Choices

YOUR BEST TOPICAL INGREDIENTS

Look for these topical ingredients when shopping for skincare.

▲ Bouncier Skin

- **Blue Berry Extract** to break down glycation bonds
- **Palmitoyl Oligopeptide** promotes collagen production
- **Bakuchiol** – A natural retinol, that stimulates skin cell reproduction and is better for sensitive skin

YOUR BEST DIETARY SUPPORT

Please consult your doctor before you begin a new dietary plan.

▼ Vitamins

▼ Foods

YOUR BEST PRO TREATMENT SPLURGE

These minimally-invasive professional treatments will benefit your skin's texture and make you glow!

▼ Treat Yourself!

Want to dig deeper? Learn about the causes and symptoms of poor skin health, and view our [comprehensive list of beneficial ingredients and treatments](#).

YUDOYU SKIN HEALTH GUIDE

Your DIY At-Home Treatments and Tools

Selected for you!

Facial Massage

LYMPHATIC DRAINAGE MASSAGE

Smooth wrinkling and chase away free radicals!



Lymphatic drainage is a facial massage to boost the body's natural draining system. The face is left visibly more lifted, firm, and youthful by assisting in the movement of excess toxins, water, fats, and proteins down the lymph vessels and into the nodes!

Step 1: Apply treatment oil or cleansing balm of choice. Fingers should not drag but glide easily

Devices & Tools

YOUR BEST AT HOME TOOLS



Best for Collagen and Wrinkles



Facial Massage

 LYMPHATIC DRAINAGE MASSAGE

 MESSAGE TOOLS

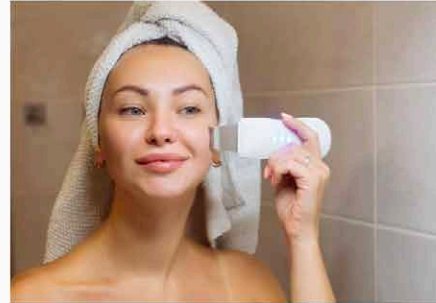


- Facial Rollers
- Gua Sha Stones
- Cupping Sets

[SHOP OUR MESSAGE TOOLS](#)

Devices & Tools

 YOUR BEST AT HOME TOOLS



Best for Collagen and Wrinkles

- Red Light Therapy
- Radio Frequency Devices
- High-Frequency Wands

Yudoyu Recipes for YOUR Skincare Success!



Glow Big or Go Home Antioxidant Packed Smoothie

Antioxidants, DNA Results, Recipe

This smoothie not only contains an astounding amount of some of the best whole food sources of antioxidants but tastes like a decadent dessert. (Go on, have it for breakfast, we won't judge).

[Read more](#)



Collagen Boosting Slow-Cooker Mexican Soup

Collagen, DNA Results, Elasticity, Recipe, Wrinkles + Finesines

Here is one of our favorite shortcuts to having both bone broth and soup, without having to make both separately. Did we also mention how delicious it is?

[Read more](#)



Roasted Red Pepper & Sun-Dried Tomato Hummus

DNA Results, Pigmentation, Recipe

Roasted bell peppers and tomatoes are two of the top ten foods highest in Vitamin C, making this hummus a super-charged source and convenient snack for any time!

[Read more](#)



Genetics vs Epigenetics

So, you just got your results, and maybe some areas scored differently than you may have expected.

And that's ok. Why? *Get ready for some news that's sure to turn those frown lines upside down!*

Meet your new best friend... epigenetics, the science about how our lifestyle and environment can affect how our genes work. Studies show that there's hope and a lot we can do to change the hand we've been dealt, some of which cost hardly anything and are easy to put into practice. **Pretty cool, huh?**

In-depth **Skin DNA** Guide

Everything you want to know about how to care for your unique skin.

Collagen

Wrinkling

Pigmentation

UV Damage

Free Radical

Sensitivity

BEST TOPICAL INGREDIENTS

Although we haven't figured out how to invent the time machine, we have some gravity-defying tricks for improving collagen production and slowing breakdown.

- ▼ Must Have Short List
- ▼ Peptides - Lift, Moisturize & Tighten
- ▼ Vitamins - Renew, Nourish & Protect
- ▼ Humectants - Smooth & Plump
- ▼ Exfoliators - Deeply Renew
- ▼ Antioxidants - Perfect and Protect
- ▼ Fatty Acids - Nourish & Glow
- ▼ Topical Help
- ▼ Dietary Supplements
- ▼ Professional Treatments

NEXT LEVEL SKINCARE

- ▼ Best Dietary Supplements
- ▼ Best Professional Treatments



COLLAGEN BREAKDOWN

SIGNS & SYMPTOMS

- Sagging or drooping skin or jowls
- Deep creases or folds
- Hollowed cheeks or eyes
- Scarring
- Cellulite
- Brittle hair and/or nails
- Joint pain

- ▼ What Causes Collagen Loss?